

On books not listed

There are a number of books I have written that are not included herein. Here are the reasons why.

Herbs for Hepatitis C and the Liver: This is an outdated book which my publisher refuses to stop printing. I do not recommend buying it. While I did not look at this condition in *Herbal Antivirals*, this book was my original foray into treating viral diseases. I have learned a lot since then.

The Home Encyclopedia of Herbal Medicine: This is a bullshit book cobbled together by Rodale press (by a man who knew nothing of herbs or herbal medicine) from *Herbal Antibiotics* and *Herbal Antivirals*. Rodale does this from time to time, trying to create books they can sell through their site. They do a trial run to see the level of interest and if insufficient drop the idea; they dropped the idea. I think it a terrible book; I had nothing to do with it, I do not recommend buying it. It is **not** worth the money being asked for it. The book is out of print.

One Spirit Many Peoples: My second book. I was too young to write this book at the time I did so. My publisher was in the midst, unknown to me, of a terrible libel suit which caused the press to go under not too much later. They fired my editor and hired a contract editor who did not understand me or the book. The proof reader was bad (there are typos in the text that I find embarrassing) and it should have been in trade paper, not hardcover. (It was issued in trade paper by a book club, so there are some trade paper copies to be found.) All in all it was a mess. Nevertheless, there are some good things in the book despite being narrowly focused on tribal issues in the United States. It was my first step into the kinds of political polarization and woke politics that are now tearing apart the country. I felt it important to write the book after my family and I had received too many threats of violence toward us for our spiritual practices. I still have no tolerance for that sort of thing. The book is out of print.

Vital Man: This was part of my two book deal with Simone and Schuster; it was the worst publishing experience of my life. My editor left in the midst of the book project, the publisher and next editor were pretty unresponsive and unhelpful, the book suffered for it, as did the title. I was trying to push the envelope on things, the best thing that came out of the book was the development of pine pollen as a medicinal. It contains testosterone and other androgens and will reliably increase male testosterone levels if taken correctly. Other than that, I don't think the book work what is being charged for it. The testosterone material was extracted from the book and appears separately in the two differently titled testosterone books that Inner Traditions publishes. The book is out of print.

Testosterone books (various titles of the same book) through inner traditions: I no longer like that press very much due to how they have treated me and some of my books. The book needs updating but I am unwilling to do so for them. If you do buy the book, please know that I do think it dated in some sections.

The Early Editions of *Healing Lyme* and *Herbal Antibiotics*: I wrote these long ago, the subsequent, second, editions are far better; I do not recommend buying these early efforts. Both of these early editions are out of print.